



# Professional Development Recommended Reading List

The Master's University | Career Services

# Recommended Reading

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More than ever, employers are seeking highly competent candidates. This need is compounded by the reality that the supply of jobs is down while demand is up and rising. To that end, the Office of Career Services at The Master's University is seeking to professionalize all students and alumni of The Master's University and to serve employers by developing highly competent candidates with Christlike character. Like everything else at The Master's University, we look to Scripture for answers on equipping and professionalizing students and alumni for the current competitive landscape. This carefully selected collection of books is essential for anyone looking to enhance their professionalism and perspective on their role in the workplace. It emphasizes the idea that your work is not just for your earthly employer, but ultimately for God, who is your true master (Ephesians 6:5-8, Colossians 3:23).

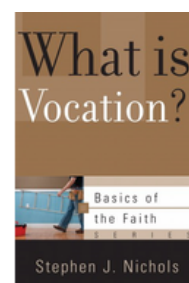
## **The Art of Self-Discipline** | John MacArthur

Success in life generally comes to the self-disciplined, those who can resist their impulses, desires, and other distractions in service of a larger goal. But more importantly, the ability to exercise control over your thoughts and actions is utterly essential to living a life that honors God.



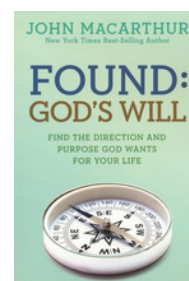
## **What is Vocation** | Stephen J. Nichols

For some people, work is tedious and boring, something to endure until the weekend arrives. For others, work is everything; it consumes them and their time. The former find no meaning or satisfaction in their jobs, the latter find too much. Both lack an eternal perspective, a biblical framework through which they can evaluate what they spend most of their lives doing.



## **Found: God's Will** | John MacArthur

Are you content in your current job? Do you believe you are serving God's will through your current vocation? How do you choose a career path that honors God? This book will help you to think biblically about finding direction and purpose as you seek God's will for your life.



### **Spiritual Leadership | J. Oswald Sanders**

Rather than taking leadership principals from the world, this book offers leadership directly from the revealed Word of God. This book will help any Christian regardless of position within an organizational chart.



### **Help! I'm Anxious | Philip De Courcy**

Is your work environment toxic? Do your values not align with the company's values? When not addressed from a Biblical perspective, these questions can actually produce more anxiety. This book orients believers to entrust themselves fully into the carrying hands of our heavenly Father.



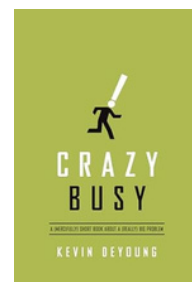
### **How to Handle Trouble? | Jay E. Adams**

Trouble is something all people must deal with: the loss of a spouse, a job, one's health, one's possessions, one's freedom. While God has not yet removed trouble from the Christian or the Christian from trouble, he has, by the Word and his Spirit, given believers all that is necessary to handle trouble successfully.



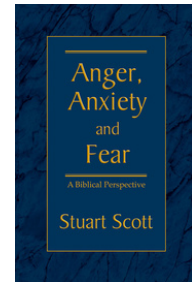
### **Crazy Busy | Kevin DeYoung**

As a student, you know what it means to be busy. But you may have also heard adults talk about how life only gets busier after college. As you continue to take on more responsibility, this book will help you to think about approaching work and the use of your time for the glory of God.

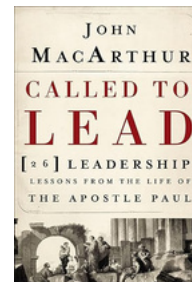


**Anger, Anxiety and Fear | Stuart Scott**

Anger, anxiety and fear are emotions often associated with the workplace, as your tasks affect the success of your team, the livelihood of your customers, and the security of your own job. This short pamphlet will help you to guard against these sins and deal with temptations as they come.

**Called to Lead | John MacArthur**

Is leadership a title? Authority? Charisma? Whatever gets the best results? Today more than ever, Christians need a model of leadership that is passed on through God's Word, that brings God glory. Whatever sphere of leadership you are preparing for, or are currently in, this book will give you practical, biblical principles about leadership.

**Heart & Habits | Gregg Gifford**

Our world is obsessed with developing productive habits. This book examines habits at a deeper level by exploring how they affect, and are affected by, the heart. Developing godly habits is not simply a way to gain success; it is a matter of honoring God.

**Selfishness | Lou Priolo**

Competitiveness, fear, and personal ambition are just a few symptoms of selfishness that appear in the workplace. This book will help you to identify selfishness in your own life and challenge you to replace it with something better.

