



**GENERAL EDUCATION**

Units	Term	
3		C100 Spoken Communication
3		E110 English Composition
3		Essentials of Literature
3		General Literature Elective
3		ECN200 Essentials of Economics & Society
3		MU190 Essentials of Music and Art
3		H211 Essentials of World History I
3		H212 Essentials of World History II
3		H230 Essentials of U.S. History
3		P311 Essentials of Philosophy
3		POL220 U.S. Government

33 *Total Units Required*

**KINESIOLOGY CORE COURSES**

Units	Term	
4		LS321 Human Anatomy w/lab
4		LS322 Human Physiology w/lab
4		LS151 Organismic Biology w/lab
3		MA262 Elementary Statistics
3		BE101 Intro to Psychology
3		KIN312 Movement Anatomy
3		KIN313 Adapted Physical Education
3		KIN314 Biomechanics
3		KIN316 Physiology of Exercise
3		KIN353 Essentials of Nutrition
3		KIN436 Motor Learning
3		KIN425 Prev/Care of Athletic Injuries
1		KIN479 Practicum
1		KIN490 Senior Capstone

41 *Total Units Required*

**BIBLICAL STUDIES**

Units	Term	
3		B101 Old Testament Survey I
3		B102 Old Testament Survey II
3		B121 Essentials of Christian Thought
3		B201 New Testament Survey I
3		B202 New Testament Survey II
3		BTH321 Christian Theology I
3		BTH322 Christian Theology II

21 *Total Units Required*

**EXERCISE SCIENCE COURSES**

Units	Term	
3		KIN100 Introduction to Health & Wellness
3		KIN308 Functional Assessment in Human Perform
3		KIN396 Exercise Program Design
3		KIN408 Analysis of Fundamental Movement
15		Electives (KIN, BIO, ED, BUS or Transfer)

27 *Total Units Required*

**PRE-PHYSICAL THERAPY COURSES  
(PRE-ALLIED HEALTH)**

Units	Term	
3		KIN426 Advanced Orthopedic Assessment
3		KIN446 Reconditioning of Athletic Injuries
3		KIN465 Primary Physical Assessment
4		CH151 General Chemistry 1
4		CH152 General Chemistry 2
12		Approved Electives (Science/Mat/KIN)

29 *Total Units Required*